

MEDICAL PROGRAM: 3rd year 5th semester - ACADEMIC YEAR 2019/2020
COURSE: ENVIRONMENTAL HEALTH - COURSE DIRECTOR: PROF. DR HAB. MED. JAN E. ZEJDA

LECTURES - 5 Lectures - duration 1.5 hour each

#	Topic (lecturer**)	Date
1	Environmental burden of diseases (MK)	e-learning
2	Introduction to environmental health part I (MK)	e-learning
3	Introduction to environmental health Part II (MK)	e-learning
4	Occupational Health (JEZ)	e-learning
5	Healthy lifestyle (KTG)	e-learning

SEMINARS 8 seminars ó duration 1.5 hour each Monday 9:30-12:45

#	Topic (Instructor**)	Date by Group Room 412		Topic (Instructor**)	Date by Group Room 122/123	
		Group A 9.30-11.00	Group B 11.15-12.45		Group B 9.30-11.00	Group A 11.15-12.45
1.	Workplace health and safety (AJ)	7 Oct	7 Oct		7 Oct	7 Oct
2.	Health effects of social stress (GB)	14 Oct	14 Oct		14 Oct	14 Oct
3.	Urbanization (AJ)	21 Oct	21 Oct	Health effects of tobacco smoking (MJ)	21 Oct	21 Oct
4.	Taking an exposure history (MJ)	28 Oct	28 Oct	Water and health (MK)	28 Oct	28 Oct
5.	Air pollution (MK)	4 Nov	4 Nov	Injures (KB)	4 Nov	4 Nov

LABORATORIES 12 laboratories ó duration 1.5 hour each Monday or Thursday

#	Topic (Instructor**)	Room 412		#	Topic (Instructor**)	Monday Room 122/123 Thursday Room 406
		Group 1	Group 2			Group 3
				1.	Health effects of air pollution (MK)	10 Oct 10.15-11.45
1.	Health effects of xenobiotics (KK)	17 Oct 8.30-10.00	17 Oct 10.15-11.45	2.	Biomonitoring (MK)	17 Oct 10.15-11.45
2.	Bulimia, anorexia, obesity (KB)	24 Oct 8.30-10.00	24 Oct 10.15-11.45			
3.	Food contamination (KS)	7 Nov 8.30-10.00	7 Nov 10.15-11.45	3.	Health effects of alcohol consumption (GB)	7 Nov 10.15-11.45
4.	Risk assessment (MK)	14 Nov 8.30-10.00	14 Nov 10.15-11.45	4.	Assessment of population health status (GB)	14 Nov 10.15-11.45
5.	Assessment of population health status (GB)	18 Nov 9.30-11.00	18 Nov 11.15-12.45			
				5.	Risk assessment (MK)	21 Nov 10.15-11.45
6.	Health effects of air pollution (MK)	25 Nov 9.30-11.00	25 Nov 11.15-12.45	6.	Healthy diet (KB)	25 Nov 11.15-12.45
				7.	Bulimia, anorexia, obesity (KB)	28 Nov 10.15-11.45
7.	Health effects of alcohol consumption (GB)	2 Dec 9.30-11.00	2 Dec 11.15-12.45	8.	Health effects of xenobiotics (KK)	2 Dec 11.15-12.45
8.	Healthy diet (KB)	9 Dec 9.30-11.00	9 Dec 11.15-12.45			
9.	Nutrition (KB)	12 Dec 8.30-10.00	12 Dec 10.15-11.45			
10.	Determinants of health (GB)	16 Dec 9.30-11.00	16 Dec 11.15-12.45	9.	Radiation (KB)	16 Dec 11.15-12.45
				10.	Determinants of health (GB)	9 Jan 10.15-11.45
11.	Biomonitoring (MK)	20 Jan 9.30-11.00	20 Jan 11.15-12.45	11.	Nutrition (KB)	20 Jan 11.15-12.45
12.	Radiation (KB)	27 Jan 9.30-11.00	27 Jan 11.15-12.45	12.	Food contamination (KS)	27 Jan 11.15-12.45

**Instructors:

JEZ ó Prof. dr hab. med. Jan E. Zejda
MK ó Prof. dr hab. Małgorzata Kowalska
GB ó Dr hab. Grzegorz Brodek

KB ó Dr Kamil Barański
MJ ó Dr Mateusz Jankowski
KS ó Dr Kinga Seweryn

AJ ó Dr Agnieszka Jarosińska
KK ó Dr Krzysztof Kocot