

MEDICAL PROGRAM: 3rd year 5th semester - ACADEMIC YEAR 2022/2023
COURSE: "ENVIRONMENTAL HEALTH" - COURSE DIRECTOR: PROF. DR HAB. MED. JAN E. ZEJDA

LECTURES - 5 Lectures - duration 1.5 hour each

#	Topic (lecturer**)	Date
1	Environmental burden of diseases (MK)	e-learning
2	Introduction to environmental health (JEZ)	e-learning
3	Non-communicable diseases (JEZ)	e-learning
4	Occupational Health (JEZ)	e-learning
5	Healthy lifestyle (JEZ)	e-learning

SEMINARS 8 seminars – duration 1.5 hour
Thursday (8.30-10.00, 10.15-11.45) or Friday (11.00-12.30, 12.45-14.15)

#	Topic (Instructor**)	Date	Room*	#	Topic (Instructor**)	Date	Room*
1.	Workplace health and safety (AJ)	March 2 nd 8.30-10:00	109	2.	Urbanization (AJ)	March 2 nd 10:15-11:45	109
3.	Health effects of social stress (GB)	March 3 rd 11.00-12.30	110	4.	Injuries (KB)	March 3 rd 12:45-14:15	110
				5.	Health effects of alcohol consumption (GB)	March 9 th 10.15-11.45	109
6.	Air pollution (MK)	March 30 th 8.30-10.00	109	7.	Water and health (MK)	March 30 th 10.15-11.45	109
				8.	Taking an exposure history (SS)	April 13 th 10:15-11:45	109

LABORATORIES 12 laboratories – duration 1.5 hour
Thursday (8.30-10.00, 10.15-11.45) or Friday (11.00-12.30, 12.45-14.15)

#	Topic (Instructor**)	Group 1	Room*	Topic (Instructor**)	Group 2	Room*
1.	Radiation (KB)	March 16 th 8.30-10.00	412	Radiation (KB)	March 16 th 10.15-11.45	412
2.	Bulimia, anorexia, obesity (KB)	March 23 rd 8.30-10.00	412	Bulimia, anorexia, obesity (KB)	March 23 rd 10.15-11.45	412
3.	Nutrition (KB)	April 6 th 8.30-10.00	412	Assessment of population health status (GB)	April 6 th 8.30-10.00	401
4.	Assessment of population health status (GB)	April 6 th 10.15-11.45	401	Nutrition (KB)	April 6 th 10.15-11.45	412
5.	Healthy diet (KB)	April 20 th 8.30-10.00	412	Health effects of air pollution (MK)	April 20 th 8.30-10.00	401
6.	Health effects of air pollution (MK)	April 20 th 10.15-11.45	401	Healthy diet (KB)	April 20 th 10.15-11.45	412
7.	Health effects of xenobiotics (KK)	April 21 st 11.00-12.30	412	Health effects of xenobiotics (KK)	April 21 st 12.45-14.15	412
8.	Determinants of health (GB)	April 27 th 8.30-10.15	412	Determinants of health (GB)	April 27 th 10.15-11.45	412
9.	Health effects of tobacco smoking (SS)	April 28 th 11.00-12.30	412	Health effects of tobacco smoking (SS)	April 28 th 12.45-14.15	412
10.	Biomonitoring (MK)	May 11 th 8.30-10.15	412	Biomonitoring (MK)	May 11 th 10.15-11.45	412
11.	Food contamination (AKP)	May 18 th 8.30-10.00	412	Food contamination (AKP)	May 18 th 10.15-11.45	412
12.	Risk assessment (MK)	May 25 th 8.30-10.00	412	Risk assessment (MK)	May 25 th 10.15-11.45	412

****Instructors:**

JEZ – Prof. dr hab. med. Jan E. Zejda
MK – Prof. dr hab. Małgorzata Kowalska
GB – Prof. dr hab. Grzegorz Brożek

AJ – Dr Agnieszka Jarosińska
KK – Dr Krzysztof Kocot
AKP – Dr Angelina Kaleta - Pilarska

KB – Dr Kamil Barański
SS – Dr Szymon Szemik