

MEDICAL PROGRAM: 3rd year 5th semester - ACADEMIC YEAR 2024/2025
COURSE: “ENVIRONMENTAL HEALTH” - COURSE DIRECTOR: PROF. DR HAB. MED. GRZEGORZ BROŻEK

LECTURES - 5 Lectures - duration 1.5 hour each

#	Topic (lecturer**)	Date
1	Environmental burden of diseases (MK)	e-learning
2	Introduction to environmental health (JEZ)	e-learning
3	Non-communicable diseases (JEZ)	e-learning
4	Occupational Health (JEZ)	e-learning
5	Healthy lifestyle (JEZ)	e-learning

SEMINARS 8 seminars – duration 1.5 hour

Monday (8.30-10.00, 10.15-11.45, 12:00-13:30) or Thursday (8:30-10:00, 10:15-11:45)

#	Topic (Instructor**)	Date	Room*	#	Topic (Instructor**)	Date	Room*
1.	Air pollution (MK)	Oct 7 th 9.30-11:00	Aula 110	2.	Water and health (MK)	Oct 7 th 11:15-12:45	Aula 110
3	Injuries (KB)	Oct 10 th 8:30-10:00	Aula 109	4	Workplace health and safety (SzSz)	Oct 10 th 10:15-11.45	Aula 109
5	Health effects of social stress (GB)	Oct 14 th 9.30-11:00	Aula 109	6	Health effects of alcohol consumption (GB)	Oct 14 th 11:15-12:45	Aula 109
7	Diet – related diseases (JK)	Oct 17 th 8:30-10:00	Aula 110	8.	Urbanization (IZZ)	Oct 17 th 10:15-11.45	Aula 110

LABORATORIES 12 laboratories – duration 1.5 hour

Monday (8.30-10.00, 10.15-11.45, 12:00-13:30) or Thursday (8:30-10:00, 10:15-11:45)

#	Topic (Instructor**)	Group 1	Room	Topic (Instructor**)	Group 2	Room
1	Radiation (KB)	Oct 21 st 9.30-11.00	412	Radiation (KB)	Oct 21 st 11.15-12.45	412
2	Health effects of air pollution (MK)	Oct 28 th 9.30-11.00	412	Health effects of air pollution (MK)	Oct 28 th 11.15-12.45	412
3	Assessment of population health status (GB)	Nov 4 th 9.30-11.00	412	Assessment of population health status (GB)	Nov 4 th 11.15-12.45	412
4	Healthy diet (JK)	Nov 7 th 10.15-11.45	412	Healthy diet (JK)	Nov 7 th 8:30-10:00	412
5	Nutrition (JK)	Nov 14 th 8:30-10:00	412	Nutrition (JK)	Nov 14 th 10.15-11.45	412
6	Biomonitoring (MK)	Nov 18 th 9.30-11.00	401	Bulimia, anorexia, obesity (IZZ)	Nov 18 th 9.30-11.00	412
7	Bulimia, anorexia, obesity (JK)	Nov 18 th 11.15-12.45	412	Biomonitoring (MK)	Nov 18 th 11.15-12.45	401
8	Risk assessment (MK)	Nov 21 th 8:30-10:00	412	Risk assessment (MK)	Nov 21 th 10.15-11.45	412
9	Health effects of xenobiotics (IZZ)	Nov 28 th 8:30-10:00	412	Health effects of xenobiotics (IZZ)	Nov 28 th 10.15-11.45	412
10	Determinants of health (GB)	Dec 5 th 8:30-10:00	412	Determinants of health (GB)	Dec 5 th 10.15-11.45	412
11	Food contamination (IZZ)	Dec 9 th 9.30-11.00	412	Food contamination (IZZ)	Dec 9 th 11.15-12.45	412
12	Health effects of tobacco smoking (KB)	Dec 12 th 8:30-10:00	412	Health effects of tobacco smoking (KB)	Dec 12 th 10.15-11.45	412

****Instructors:**

GB – Prof. dr hab. Grzegorz Brożek
MK – Prof. dr hab. Małgorzata Kowalska
JEZ – Prof. dr hab. Jan E. Zejda

KB – Dr hab. Kamil Barański
SzSz – Dr Szymon Szemik

JK – Dr Joanna Kowalska
IZZ – Dr Iwona Zieleń-Zynek