

MEDICAL PROGRAM: 3rd year 5th semester - ACADEMIC YEAR 2023/2024
COURSE: “ENVIRONMENTAL HEALTH” - COURSE DIRECTOR: PROF. DR HAB. MED. GRZEGORZ BROŻEK

LECTURES - 5 Lectures - duration 1.5 hour each

#	Topic (lecturer**)	Date
1	Environmental burden of diseases (MK)	e-learning
2	Introduction to environmental health (JEZ)	e-learning
3	Non-communicable diseases (JEZ)	e-learning
4	Occupational Health (JEZ)	e-learning
5	Healthy lifestyle (JEZ)	e-learning

**SEMINARS 8 seminars – duration 1.5 hour
Friday 11.00-12.30, 12.45-14.15)**

#	Topic (Instructor**)	Date	Room*	#	Topic (Instructor**)	Date	Room*
1.	Air pollution (MK)	Mar 1 st 11:00-12:30	122/123	2.	Water and health (MK)	Mar 1 st 12:45-14:15	122/123
.				3	Injuries (KB)	Mar 8 th 12:45-14:15	109
4.	Workplace health and safety (SzSz)	Mar 22 th 11:00-12:30	109	5.	Urbanization (AJ)	Mar 22 th 12:45-14:15	109
6.	Health effects of social stress (GB)	Apr 12 th 11:00-12:30	109	6.	Health effects of alcohol consumption (GB)	Apr 12 th 12:45-14:15	109
8.	Taking an exposure history (MW)	May 10 th 11:00-12:30	109				

**LABORATORIES 12 laboratories – duration 1.5 hour
Thursday (8.30-10.00, 10.15-11.45, 12.00-13.30)**

#	Topic (Instructor**)	Group 1	Room	Topic (Instructor**)	Group 2	Room	Topic (Instructor**)	Group 3	Room
1	Health effects of air pollution (MK)	March 7 th 8:30-10:00	401	Health effects of air pollution (MK)	March 7 th 10.15-11.45	401	Health effects of air pollution (MK)	March 7 th 12:00-13:30	401
2	Biomonitoring (MK)	March 14 th 8:30-10:00	401	Biomonitoring (MK)	March 14 th 10.15-11.45	401	Biomonitoring (MK)	March 14 th 12:00-13:30	401
3	Healthy diet (IZZ)	March 21 th 8:30-10:00	401	Healthy diet (IZZ)	March 21 th 10.15-11.45	401	Healthy diet (IZZ)	March 21 th 12:00-13:30	401
4	Health effects of xenobiotics (KK)	March 28 th 8:30-10:00	401	Health effects of xenobiotics (KK)	March 28 th 10.15-11.45	401	Health effects of xenobiotics (KK)	March 14 th 12:00-13:30	401
5	Assessment of population health status (GB)	Apr 11 th 8:30-10:00	401	Assessment of population health status (GB)	Apr 11 th 10.15-11.45	401	Assessment of population health status (GB)	Apr 11 th 12:00-13:30	401
6	Nutrition (JK)	Apr 18 th 8:30-10:00	401	Nutrition (JK)	Apr 18 th 10.15-11.45	401	Nutrition (JK)	Apr 18 th 12:00-13:30	401
7	Risk assessment (MK)	Apr 25 th 8:30-10:00	401	Risk assessment (MK)	Apr 25 th 10.15-11.45	401	Risk assessment (MK)	Apr 25 th 12:00-13:30	401
8	Radiation (KB)	May 9 th 8:30-10:00	401	Radiation (KB)	May 9 th 10.15-11.45	401	Radiation (KB)	May 9 th 12:00-13:30	401
9	Health effects of tobacco smoking (MW)	May 9 th 10.15-11.45	412	Health effects of tobacco smoking (MW)	May 9 th 12:00-13:30	412	Health effects of tobacco smoking (MW)	May 9 th 8:30-10:00	412
10	Determinants of health (GB)	May 16 th 8:30-10:00	401	Determinants of health (GB)	May 16 th 10.15-11.45	401	Determinants of health (GB)	May 16 th 12:00-13:30	401
11	Food contamination (IZZ)	May 23 th 8:30-10:00	401	Food contamination (IZZ)	May 23 th 10.15-11.45	401	Food contamination (IZZ)	May 23 th 12:00-13:30	401
12	Bulimia, anorexia, obesity (JK)	June 6 th 8:30-10:00	401	Bulimia, anorexia, obesity (JK)	June 6 th 10.15-11.45	401	Bulimia, anorexia, obesity (JK)	June 6 th 12:00-13:30	401

****Instructors:**

JEZ – Prof. dr hab. Jan E. Zejda
MK – Prof. dr hab. Małgorzata Kowalska
GB – Prof. dr hab. Grzegorz Brożek

AJ – Dr Agnieszka Jarosińska
KK – Dr Krzysztof Kocot
IZZ – Dr Iwona Zielen-Zynek
JK – Dr Joanna Kowalska

KB – Dr Kamil Barański
SzSz – Dr Szymon Szemik
MW – Mgr Marek Wojczyk